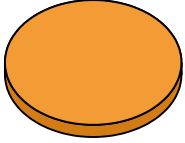


## ديلي فريش - اسپريسو

Recipe grams: 30.00g/1.1oz

Serves 1 30.00g/1.1oz per serving



Protein: 0%  
Carbohydrates: 100%  
Fat: 0%

### INGREDIENTS

1 serving Espresso Shot, Single

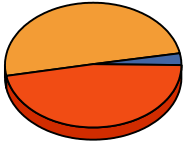
General Manager:  
Dr. IBRAHIM ALARIFI

Nutrition Facts	
1 serving per container	
<b>Serving size</b>	<b>1 serving (30g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>5</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 1g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
<b>Protein</b> 0g	
Vit. D 0mcg 0%	• Calcium 0mg 0%
Iron 0mg 0%	• Potas. 0mg 0%

**ديلي فريش - كيك الانجليزي**

Recipe grams: 100.00g/3.5oz

Serves 1 100.00g/3.5oz per serving



Protein: 3%  
 Carbohydrates: 50%  
 Fat: 47%

**INGREDIENTS**

100 gram ENGLISH CAKE

General Manager:  
 Dr. IBRAHIM ALARIFI

**Nutrition Facts**

1 serving per container

**Serving size 1 serving (100g)**

Amount per serving

**Calories 320**

% Daily Value\*

**Total Fat** 17g **22%**Saturated Fat 3.0g **16%**

Trans Fat 0g

**Cholesterol** 40mg **14%****Sodium** 270mg **12%****Total Carbohydrate** 40g **15%**Dietary Fiber 0g **0%**

Total Sugars 22g

**Protein** 2g

Vit. D 0mcg 0%

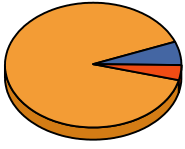
Iron 0mg 0%

• Calcium 0mg 0%

• Potas. 0mg 0%

**ديلي فريش - عصير برتقال**

Recipe grams: 400.00g/14.1oz  
Serves 1 400.00g/14.1oz per serving



**Protein:** 6%  
**Carbohydrates:** 90%  
**Fat:** 4%

**INGREDIENTS**

400 gram ORANGE JUICE, RAW

General Manager:  
Dr. IBRAHIM ALARIFI

**Nutrition Facts**

1 serving per container  
**Serving size 1 serving (400g)**

Amount per serving

**Calories 180**

% Daily Value\*

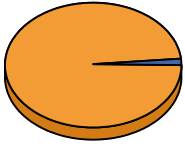
<b>Total Fat</b> 1.0g	<b>1%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 42g	<b>15%</b>
Dietary Fiber < 1g	<b>3%</b>
Total Sugars 34g	
<b>Protein</b> 3g	

Vit. D 0mcg 0%      • Calcium 44mg 4%  
Iron 0.80mg 4%      • Potas. 800mg 15%

**ديلي فريش - رد بول**

Recipe grams: 0.00g/0.0oz

Serves 1 0.00g/0.0oz per serving



Protein: 2%  
 Carbohydrates: 98%  
 Fat: 0%

**INGREDIENTS**

1 can Energy Drink, Red Bull

General Manager:  
 Dr. IBRAHIM ALARIFI

**Nutrition Facts**

1 serving per container

**Serving size 1 serving (0g)**

Amount per serving

**Calories 110**

% Daily Value\*

**Total Fat** 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%**Sodium** 105mg 5%**Total Carbohydrate** 29g 11%

Dietary Fiber 0g 0%

Total Sugars 27g

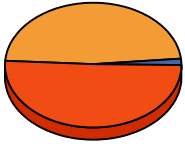
**Protein** < 1g

Vit. D 0mcg 0% • Calcium 0mg 0%

Iron 0mg 0% • Potas. 0mg 0%

## ديلي فريش - دونات

Recipe grams: 50.00g/1.8oz  
Serves 1 50.00g/1.8oz per serving



Protein: 2%  
Carbohydrates: 47%  
Fat: 51%

### INGREDIENTS

50 gram Donut

General Manager:  
Dr. IBRAHIM ALARIFI

## Nutrition Facts

1 serving per container  
Serving size 1 serving (50g)

Amount per serving

**Calories** **230**

% Daily Value\*

<b>Total Fat</b> 13g	<b>17%</b>
Saturated Fat 6g	<b>30%</b>
Trans Fat 0g	
<b>Cholesterol</b> 20mg	<b>7%</b>
<b>Sodium</b> 220mg	<b>10%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 12g	
<b>Protein</b> 1g	

Vit. D 0mcg 0%

Iron 0mg 0%

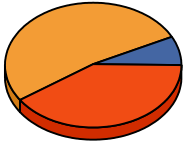
• Calcium 0mg 0%

• Potas. 0mg 0%

**ديلي فريش - كوب ذرة**

Recipe grams: 158.00g/5.6oz

Serves 1 158.00g/5.6oz per serving



Protein: 7%  
 Carbohydrates: 52%  
 Fat: 41%

**INGREDIENTS**

150 gram CORN, SWEET  
 8 gram Butter

General Manager:  
 Dr. IBRAHIM ALARIFI

**Nutrition Facts**

1 serving per container

**Serving size 1 serving (158g)**

Amount per serving

**Calories 150**

% Daily Value\*

<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 4.0g	<b>21%</b>
Trans Fat 0g	
<b>Cholesterol</b> 15mg	<b>5%</b>
<b>Sodium</b> 65mg	<b>3%</b>
<b>Total Carbohydrate</b> 23g	<b>8%</b>
Dietary Fiber 3g	<b>9%</b>
Total Sugars 4g	
<b>Protein</b> 3g	

Vit. D 0mcg 0%

Iron 0.62mg 4%

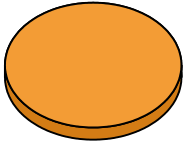
• Calcium 6mg 0%

• Potas. 246mg 6%

**ديلي فريش - سلاش**

Recipe grams: 0.00g/0.0oz

Serves 1 0.00g/0.0oz per serving



Protein: 0%  
 Carbohydrates: 100%  
 Fat: 0%

**INGREDIENTS**

4 oz Juice Slush Trio Mango, Guava &amp; Orange Flavor

General Manager:  
 Dr. IBRAHIM ALARIFI

**Nutrition Facts**

1 serving per container

**Serving size 1 serving (0g)**

Amount per serving

**Calories 80**

% Daily Value\*

**Total Fat** 0g **0%**Saturated Fat 0g **0%**

Trans Fat 0g

**Cholesterol** 0mg **0%****Sodium** 5mg **0%****Total Carbohydrate** 20g **7%**Dietary Fiber 0g **0%**

Total Sugars 17g

**Protein** 0g

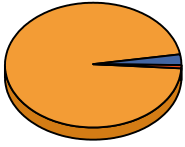
Vit. D 0mcg 0% • Calcium 0mg 0%

Iron 0mg 0% • Potas. 0mg 0%

**ديلي فريش - عصير سيزر**

Recipe grams: 0.00g/0.0oz

Serves 1 0.00g/0.0oz per serving



Protein: 3%  
 Carbohydrates: 96%  
 Fat: 1%

**INGREDIENTS**

200 ml Fruit Juice, Pineapple, Caesar

General Manager:  
 Dr. IBRAHIM ALARIFI

**Nutrition Facts**

1 serving per container

**Serving size 1 serving (0g)**

Amount per serving

**Calories 100**

% Daily Value\*

**Total Fat** 0g **0%**Saturated Fat 0g **0%**

Trans Fat 0g

**Cholesterol** 0mg **0%****Sodium** 30mg **1%****Total Carbohydrate** 26g **9%**Dietary Fiber < 1g **2%**

Total Sugars 0g

**Protein** < 1g

Vit. D 0mcg 0%

• Calcium 0mg 0%

Iron 0mg 0%

• Potas. 0mg 0%



**ديلي فريش - شاي**

Recipe grams: 203.00g/7.2oz

Serves 1 203.00g/7.2oz per serving

Protein: 0%  
 Carbohydrates: 0%  
 Fat: 0%

**INGREDIENTS**

1 tea bag Tea  
 200 gram Water

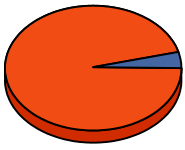
General Manager:  
 Dr. IBRAHIM ALARIFI

Nutrition Facts	
1 serving per container	
<b>Serving size 1 serving (203g)</b>	
Amount per serving	
<b>Calories 0</b>	
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 15mg	<b>1%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
<b>Protein</b> 0g	
Vit. D 0mcg 0%	• Calcium 0mg 0%
Iron 0mg 0%	• Potas. 0mg 0%

## ديلي فريش - كابتشينو صغير

Recipe grams: 505.34g/17.8oz

Serves 1 505.34g/17.8oz per serving



Protein: 4%  
Carbohydrates: 0%  
Fat: 96%

### INGREDIENTS

130 gram Milk  
15 gram Espresso  
100 gram Water

General Manager:  
Dr. IBRAHIM ALARIFI

## Nutrition Facts

1 serving per container

Serving size 1 serving (505g)

Amount per serving

**Calories 80**

% Daily Value\*

**Total Fat** 2.5g 3%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 10mg 0%

**Total Carbohydrate** 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

**Protein** 0g

Vit. D 0mcg 0%

Iron 0mg 0%

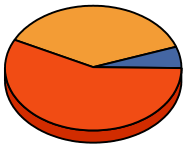
• Calcium 0mg 0%

• Potas. 0mg 0%

**ديلي فريش - فشار**

Recipe grams: 28.00g/1.0oz

Serves 1 28.00g/1.0oz per serving



Protein: 6%  
 Carbohydrates: 37%  
 Fat: 57%

**INGREDIENTS**

28 gram Pop Corn

General Manager:  
 Dr. IBRAHIM ALARIFI

**Nutrition Facts**

1 serving per container

**Serving size 1 serving (28g)**

Amount per serving

**Calories 150**

% Daily Value\*

**Total Fat** 9g **12%**Saturated Fat 1.0g **5%**

Trans Fat 0g

**Cholesterol** 0mg **0%****Sodium** 270mg **12%****Total Carbohydrate** 14g **5%**Dietary Fiber 1g **4%**

Total Sugars 0g

**Protein** 2g

Vit. D 0mcg 0%

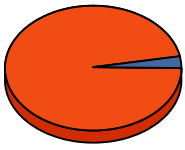
• Calcium 0mg 0%

Iron 1mg 6%

• Potas. 0mg 0%

## ديلي فريش - كابتشينو كبير

Recipe grams: 555.34g/19.6oz  
Serves 1 555.34g/19.6oz per serving



Protein: 3%  
Carbohydrates: 0%  
Fat: 97%

### INGREDIENTS

180 gram Milk  
15 gram Espresso  
100 gram Water

General Manager:  
Dr. IBRAHIM ALARIFI

## Nutrition Facts

1 serving per container  
Serving size 1 serving (555g)

Amount per serving

**Calories 110**

% Daily Value\*

<b>Total Fat</b>	3.5g	<b>4%</b>
Saturated Fat	0g	<b>0%</b>
Trans Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	10mg	<b>0%</b>
<b>Total Carbohydrate</b>	0g	<b>0%</b>
Dietary Fiber	0g	<b>0%</b>
Total Sugars	0g	
<b>Protein</b>	0g	

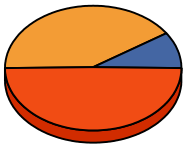
Vit. D 0mcg 0%  
Iron 0mg 0%

• Calcium 0mg 0%  
• Potas. 0mg 0%

**ديلي فريش - كروسان**

Recipe grams: 100.00g/3.5oz

Serves 1 100.00g/3.5oz per serving



Protein: 9%  
 Carbohydrates: 41%  
 Fat: 50%

**INGREDIENTS**

100 gram كروسان

General Manager:  
 Dr. IBRAHIM ALARIFI

**Nutrition Facts**

1 serving per container

**Serving size 1 serving (100g)**

Amount per serving

**Calories 400**

% Daily Value\*

**Total Fat** 22g **28%**Saturated Fat 12g **62%**

Trans Fat 1.0g

**Cholesterol** 60mg **19%****Sodium** 460mg **20%****Total Carbohydrate** 42g **15%**Dietary Fiber 2g **7%**

Total Sugars 6g

**Protein** 9g

Vit. D 0mcg 0%

Iron 0mg 0%

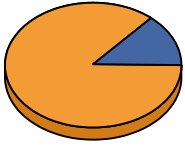
• Calcium 0mg 0%

• Potas. 0mg 0%

**ديلي فريش - ايس كريم**

Recipe grams: 120.00g/4.2oz

Serves 1 120.00g/4.2oz per serving



Protein: 14%  
 Carbohydrates: 86%  
 Fat: 0%

**INGREDIENTS**

120 gram ICE CREAM, VANILLA

General Manager:  
 Dr. IBRAHIM ALARIFI

**Nutrition Facts**

1 serving per container

**Serving size 1 serving (120g)**

Amount per serving

**Calories 150**

% Daily Value\*

**Total Fat** 0g **0%**Saturated Fat 0g **0%**

Trans Fat 0g

**Cholesterol** 0mg **0%****Sodium** 85mg **4%****Total Carbohydrate** 32g **12%**Dietary Fiber 0g **0%**

Total Sugars 7g

**Protein** 5g

Vit. D 0mcg 0%

Iron 0mg 0%

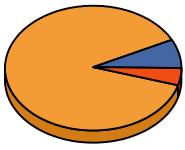
• Calcium 135mg 10%

• Potas. 0mg 0%

**ديلي فريش - كستنا**

Recipe grams: 140.00g/4.9oz

Serves 1 140.00g/4.9oz per serving



Protein: 8%  
 Carbohydrates: 88%  
 Fat: 4%

**INGREDIENTS**

140 gram CHESTNUT, BOILED &amp; STEAMED

General Manager:  
 Dr. IBRAHIM ALARIFI

**Nutrition Facts**

1 serving per container

**Serving size 1 serving (140g)**

Amount per serving

**Calories 210**

% Daily Value\*

<b>Total Fat</b>	1.0g	<b>1%</b>
Saturated Fat	0g	<b>1%</b>
Trans Fat	0g	
<b>Cholesterol</b>	0mg	<b>0%</b>
<b>Sodium</b>	0mg	<b>0%</b>
<b>Total Carbohydrate</b>	47g	<b>17%</b>
Dietary Fiber	0g	<b>0%</b>
Total Sugars	0g	
<b>Protein</b>	4g	

Vit. D 0mcg 0%

Iron 1mg 8%

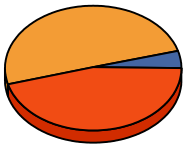
• Calcium 17mg 2%

• Potas. 428mg 10%

**ديلي فريش - كوكيز**

Recipe grams: 100.00g/3.5oz

Serves 1 100.00g/3.5oz per serving



**Protein:** 4%  
**Carbohydrates:** 50%  
**Fat:** 46%

**INGREDIENTS**

100 gram Triple Belgian Chocolate Chuck Cookie

General Manager:  
 Dr. IBRAHIM ALARIFI

**Nutrition Facts**

1 serving per container

**Serving size 1 serving (100g)**

Amount per serving

**Calories 480**

% Daily Value\*

**Total Fat** 25g **31%**Saturated Fat 13g **66%**

Trans Fat 0g

**Cholesterol** 0mg **0%****Sodium** 60mg **3%****Total Carbohydrate** 60g **22%**Dietary Fiber 0g **0%**

Total Sugars 41g

**Protein** 5g

Vit. D 0mcg 0%

Iron 0mg 0%

• Calcium 0mg 0%

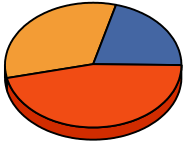
• Potas. 0mg 0%



**ديلي فريش - ميکاتو**

Recipe grams: 216.00g/7.6oz

Serves 1 216.00g/7.6oz per serving



**Protein:** 21%  
**Carbohydrates:** 32%  
**Fat:** 47%

**INGREDIENTS**

16 gram Espresso Roasted Bean  
 200 gram Milk

General Manager:  
 Dr. IBRAHIM ALARIFI

**Nutrition Facts**

1 serving per container

**Serving size 1 serving (216g)**

Amount per serving

**Calories 120**

% Daily Value\*

**Total Fat** 6g **8%**Saturated Fat 0g **0%**

Trans Fat 0g

**Cholesterol** 0mg **0%****Sodium** 110mg **5%****Total Carbohydrate** 9g **3%**Dietary Fiber 0g **0%**

Total Sugars 0g

**Protein** 6g

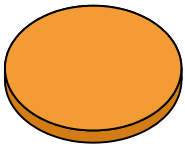
Vit. D 0mcg 0% • Calcium 240mg 20%

Iron 0mg 0% • Potas. 8mg 0%

**ديلي فريش - رد بول نكهات**

Recipe grams: 0.00g/0.0oz

Serves 1 0.00g/0.0oz per serving



Protein: 0%  
 Carbohydrates: 100%  
 Fat: 0%

**INGREDIENTS**

1 can Red Bull Editions Variety

General Manager:  
 Dr. IBRAHIM ALARIFI

**Nutrition Facts**

1 serving per container

**Serving size 1 serving (0g)**

Amount per serving

**Calories 160**

% Daily Value\*

**Total Fat** 0g **0%**Saturated Fat 0g **0%**

Trans Fat 0g

**Cholesterol** 0mg **0%****Sodium** 125mg **5%****Total Carbohydrate** 40g **15%**Dietary Fiber 0g **0%**

Total Sugars 38g

**Protein** 0g

Vit. D 0mcg 0%

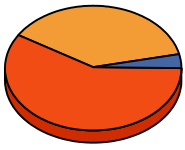
Iron 0mg 0%

• Calcium 0mg 0%

• Potas. 0mg 0%

**ديلي فريش - فشار نكهات**

Recipe grams: 30.00g/1.1oz  
Serves 1 30.00g/1.1oz per serving



**Protein:** 4%  
**Carbohydrates:** 37%  
**Fat:** 59%

**INGREDIENTS**

30 gram POPCORN, CINNABON, POPPED

General Manager:  
Dr. IBRAHIM ALARIFI

**Nutrition Facts**

1 serving per container  
**Serving size 1 serving (30g)**

Amount per serving

**Calories 190**

% Daily Value\*

<b>Total Fat</b> 13g	<b>17%</b>
Saturated Fat 4.0g	<b>19%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 75mg	<b>3%</b>
<b>Total Carbohydrate</b> 19g	<b>7%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	

**Protein** 2g

Vit. D 0mcg 0%      • Calcium 0mg 0%  
Iron 0mg 0%      • Potas. 0mg 0%