

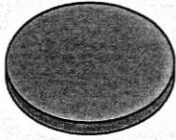


DR. IBRAHIM A. ALARIFI
NUTRITION CONSULTING OFFICE

مكتب الدكتور ابراهيم العريفي
للإستشارات الغذائية

قهوه امريكانا كبير - مانويل كافيه

Recipe grams: 21.00g/0.7oz
Serves 1 21.00g/0.7oz per serving



Protein: 0%
Carbohydrates: 100%
Fat: 0%

INGREDIENTS

390 ml Bottled Drinking Water
21 gram Instant Espresso Powder

Added Sugar 0 g

General Manager:
Dr. Ibrahim Abdullah ALArifi



Nutrition Facts

1 serving per container
Serving size 1 serving (21g)

Amount per serving

Calories 30

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 21g	8%
Dietary Fiber 0g	0%
Total Sugars 0g	

Protein 0g

Vit. D 0mcg 0% • Calcium 0mg 0%
Iron 0mg 0% • Potas. 0mg 0%



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مانويل فريديو كبير - مانويل كافيه

Recipe grams: 88.00g/3.1oz
Serves 1 88.00g/3.1oz per serving



Protein: 7%
Carbohydrates: 57%
Fat: 36%

INGREDIENTS

23 ml STRAWBERRY FLAVOUR SYRUP, DAVINCI
180 ml Full Fat Milk, Naderc
50 gram MOCHA
15 gram TOPPING EXPRESS
11 tbsp Water, Essentia

Added Sugar 0 g

General Manager:
Dr. Ibrahim Abdullah ALArifi



Nutrition Facts	
1 serving per container	
Serving size	1 serving (88g)
Amount per serving	
Calories	400
% Daily Value*	
Total Fat 16g	20%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 65mg	3%
Total Carbohydrate 56g	20%
Dietary Fiber 0g	0%
Total Sugars 42g	
Protein 7g	
Vit. D 0mcg 0%	• Calcium 166mg 15%
Iron 0mg 0%	• Potas. 0mg 0%



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مانويل فريجو - مانويل كافيه

Recipe grams: 55.00g/1.9oz
Serves 1 55.00g/1.9oz per serving



Protein: 7%
Carbohydrates: 56%
Fat: 36%

INGREDIENTS

15 ml STRAWBERRY FLAVOUR SYRUP, DAVINCI
120 ml Full Fat Milk, Naderc
30 gram MOCHA
10 gram TOPPING EXPRESS
8 tbsp Water, Essentia

Added Sugar 0 g

Nutrition Facts

1 serving per container
Serving size 1 serving (55g)

Amount per serving

Calories 250

% Daily Value*

Total Fat 10g	13%
Saturated Fat 3.0g	15%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 40mg	2%
Total Carbohydrate 35g	13%
Dietary Fiber 0g	0%
Total Sugars 26g	
Protein 5g	

Vit. D 0mcg 0% • Calcium 111mg 8%
Iron 0mg 0% • Potas. 0mg 0%

General Manager:
Dr. Ibrahim Abdullah ALArifi

